



All About Me Infant Plans

	Monday	Tuesday	Wednesday	Thursday	Friday
Language	So Big! "How big is baby?" You answer: " ___ is so big!" as you help baby raise arms as high as possible. Make sure to say the baby's name.	Make A Photo Collage with Baby Use photos of the infants and/or their families to make a collage and learn names.	Where is (Name)? Use name to face recognition to learn names. Say, "Where is ___?" Point to the person. Play until everyone has a turn.	Read Are You My Mother? by Dr. Seuss Learn new words while listening to a story.	Saying "Bye-Bye!" Use hand gestures and practice repeating familiar words. Encourage baby to wave and say "Bye-bye" to people leaving the room.
Fingerplays & Songs	Who Stole The Cookies? Who stole the cookies from the cookie jar? ___ stole the cookies from the cookie jar Who me? Yes you Couldn't be Then who?	Where is Baby's Nose? Learn names of body parts: Where is baby's nose? Where is baby's mouth? Where is baby's arm? Etc.	Ten Little Fingers One little, two little, three little fingers, Four little, five little, six little fingers, Seven little, eight little, nine little fingers, Ten little fingers here	Bye Baby Bunting Bye, baby Bunting, Daddy's gone a-hunting, Gone to get a rabbit skin To wrap the baby Bunting in	If You're Happy If you're happy and you know it, clap your hands (clap clap) If you're happy and you know it, clap your hands (clap clap) If you're happy and you know it, then your face will surely show it If you're happy and you know it, clap your hands. (clap clap)
Motor	Furniture Pull Ups Pull-up on furniture to strengthen arms & motor skills.	Roll The Ball! Roll a ball to baby and encourage them to roll it around. Improve hand-eye coordination & increase gross motor skills.	Let's Walk! Hold baby's hands and help him/her walk. Strengthen legs and practice balance.	Tummy Time Fun! Place baby on tummy for a fun play time to strengthen neck muscles.	Beach Ball Rock Lay baby across the top of the ball on his stomach, and gently roll him around.
Sensory & Science	"Nice Touches" Show baby how to pet a pet or stuffed toy. Encourage gentle and appropriate touches.	"Peek-a-boo!" Get baby's attention, then cover your face with a blanket. Uncover your face and say, "peek-a-boo!" This encourages reactions and responses through play	Water Play! Provide a shallow tray of water for baby to feel and explore.	My Handprint Help baby press hand into some playdough. Baby experiences textures using hands and fingers	Fun With Feathers Help baby touch feathers and use senses to explore a new texture.



Infant Plans Notes

Infant Plans are meant to give some structure and fun to a baby's day, while providing experiences to stimulate growth and learning. They can be used at home, in a daycare, in a child care, church, or wherever there are babies. I have provided activities, books, songs, etc. centered around a theme for the week. Depending on the age and ability of the infants you care for, you can adapt the plans to work for you. These plans can be expanded by adding more verses to the suggested songs and repeating favorite activities.

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Supplies Needed

- ✓ Collage Supplies: construction paper, photos of baby & families, glue, pen
- ✓ Book: Are You My Mother? by Dr. Seuss
- ✓ Ball to roll
- ✓ Beach ball
- ✓ Stuffed toy or real pet
- ✓ Blanket
- ✓ Shallow tray with water
- ✓ Playdough
- ✓ Feathers (available at craft stores)