



# BLOCKS AND CUPS SEPTEMBER



## WAKE UP TIME

**Bouncing and Lifting**

### WHO'S HERE TODAY?

**Tune: The Farmer in the Dell**

\_\_\_\_\_ 's here today,  
\_\_\_\_\_ 's here today,  
We're so glad that \_\_\_\_\_ 's here,  
Let's all shout, "Hurray!"  
"Hurray!"

Name and lift each baby.

### SO BIG

How big is \_\_\_\_\_?  
\_\_\_\_\_ is soooooo big.

Name each baby and ask  
Parent to share what's new.

WHAT'S NEW?          
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### RIDE A LITTLE PONY

Ride a little pony,  
Down to town.  
Better be careful,  
So you don't fall down.

Bounce Baby on knees and  
then lower between knees.

## PLAY TIME

**Peek-A-Boo**

### BLOCKS AND CUPS

Play with blocks and cups. Play with blocks that are different sizes. Blocks can be made of plastic, wood, or fabric. Provide cups to encourage the development of in and out play. Bang the blocks together and bang the blocks on the cups. Pick up the blocks and drop them into the cups. Move the blocks from hand to hand. Hide the blocks in and under the cups.

## MEAL TIME

**Clapping**

### PAT-A-CAKE

Pat-a-cake, pat-a-cake, Baker's man,  
Bake me a cake, as fast as you can.  
Roll it, pat it, and mark it with a "B,"  
And put it in the oven, for Baby and me.

Clap and gesture to rhyme.

### LITTLE FISHIES

Little fishies in a brook,  
Daddy caught them on a hook.  
Mommy fried them in a pan.  
Baby eats them as fast as he can.

Swim hands like fish and  
clap and gesture to rhyme.



## TALKING TIME

**Tell Me A Story**

### LANGUAGE ENVIRONMENT

Talk to baby about what you are doing. Use words to describe what Baby is doing. Name family members as they play with Baby. Name toys and objects for Baby as Baby plays.

## BATH TIME

**Tickling/Body Parts**

### ROUND THE GARDEN

Round and round the garden,  
Went the Teddy Bear.  
One step, two steps,  
Tickle under there.

Draw a circle on Baby's palm. Walk  
fingers up Baby's arm, then gently tickle.

### ITSY BITSY SPIDER

Itsy Bitsy spider,  
Went up the waterspout.  
Down came the rain,  
And washed the spider out.  
Up came the sun,  
And dried up all the rain.  
And the itsy bitsy spider,  
Went up the spout again.

Walk fingers up and down Baby's body.

### CRISS CROSS APPLESAUCE

Criss cross applesauce,  
A cool breeze,  
A tight squeeze,  
And a tickle, tickle, tickle,  
As you please.

Draw an X on Baby's tummy. Blow  
on Baby's neck and tickle and hug gently.

## CUDDLING TIME

**Lullaby**

### TWINKLE, TWINKLE

Twinkle, twinkle little star,  
How I wonder what you are?  
Up above the world so high,  
Like a diamond in the sky.  
Twinkle, twinkle little star,  
How I wonder what you are?