



ACTIVE PLAY

Family Enrichment Program Toddler Curriculum

THEME	ACTIVITY
Babies	Pretend to be babies and crawl through tunnels
Balls	Pretend to be a ball and do a somersault with parent
Birds	Pretend to be a bird and fly around waving scarf wings
Boats	Pretend to ferry boats by pulling boats on strings
Boys and Girls	Pretend to play in a boy's or girl's clubhouse under a parachute
Bugs	Pretend to be firefly by flying under a parachute with a flashlight
Bunnies	Pretend to be a bunny and hop around the room
Camping	Pretend to go on a nature hike and search for forest animals
Cars and Buses	Pretend to drive while holding a paper plate steering wheel
Cats and Dogs	Pretend to be a dog crawling in and out of a dog house
Dinosaurs	Pretend to be a big dinosaur and stomp around the room
Doctors and Nurses	Pretend to drive an ambulance by pulling a wagon to the hospital
Fall	Pretend to be leaves swirling in a parachute wind storm
Family Love	Pretend to be at a party and dance to music
Farm Animals	Pretend to be a horse and gallop around the room
Fire Fighter	Pretend to be a firefighter and crawl across a ladder
Fish	Pretend to be a fish swimming around in the ocean
Flowers	Pretend to be picking flowers in a garden
Grocery Shopping	Pretend to go grocery shopping by pushing a toy grocery cart
Housework	Pretend to be cleaning the house by dusting furniture
Laundry	Pretend to be laundry swishing in a wading pool washer
Letter Carrier	Pretend to be a mailman delivering mail around the room
Nursery Rhymes	Pretend to be Jack be Nimble and jump over a play candle stick
Restaurant	Pretend to be a waiter and carry a tray with play food
Spring	Pretend to run from a spring shower under a parachute umbrella
Summer	Pretend to swim at the beach under parachute waves
Teddy Bears	Pretend to rock a teddy bear in a blanket swing
Trains and Planes	Pretend to be an airplane and fly around with a pinwheel propeller
Trucks	Pretend to be parking a truck and navigate an obstacle course
Vegetables	Pretend to be lettuce tossed under a parachute salad bowl
Winter	Pretend to have a snow ball fight with white net puff snowballs
Workshop	Pretend to be building a tall building with giant blocks
Zoo	Pretend to be an elephant and walk around waving your trunk

