



# NURSERY RHYMES

## PARENT HANDOUT



### CIRCLE TIME

#### **MARY HAD A LITTLE LAMB** Tune: Traditional

*Mary had a little lamb,  
Little lamb, little lamb.  
Mary had a little lamb.  
Its fleece was white as snow.*

Pass out small stuffed animal jingle lambs with bells around neck to each child.

#### **DIDDLE, DIDDLE, DUMPLING** Nursery Rhyme

*Diddle, diddle dumpling, my son John,  
Went to bed with his stockings on.  
One shoe off and one shoe on,  
Diddle, diddle dumpling, my son John.*

Take off one of each child's shoes and put in center of circle to be retrieved.

#### **JACK BE NIMBLE** Group Movement Activity

*Jack be nimble.  
Jack be quick.  
Jack jump over  
The candlestick.*

Jump over foam noodle.  
Play nursery rhyme background music.

### CREATIVE PLAY STATIONS

Free play with theme puzzles, playdoh, star stackers and bubbles

#### **RUB-A-DUB-DUB** Messy Play

Children and parents play together at a sensory table filled with water and margarine tubs. Add plastic people for in and out play. Put holes in some of the tubs.

*Rub-a-dub, three men in a tub,  
And who do you think they be?  
The butcher, the baker, the candlestick maker.  
Turn 'em out, kanaves all three!*

#### **HUMPTY DUMPTY** Creative Play

Children tear up paper and paste paper scraps on giant "egg shaped" construction paper. Label with child's name and take home.

*Humpty Dumpty sat on a wall.  
Humpty Dumpty had a great fall.  
All the king's horses and all the king's men,  
Couldn't put Humpty together again.*

#### **POLLY PUT THE KETTLE ON** Language/Pretend Play

Children and parents have a tea party as they recite Polly Put the Kettle On Nursery Rhyme. Use the words "on" and "off."

*Polly, put the kettle on,  
Polly, put the kettle on,  
Polly, put the kettle on,  
We'll all have tea.*

#### **WEE WILLIE WINKIE** Active Play

Children walk up and down steps while reciting Wee Willie Winkie, posted at the play station.

*Wee Willie Winkie  
runs through the town,  
Upstairs and downstairs  
In his night gown.*

### SNACK TIME

 Miss Muffet's "spider" mini muffins with pretzel legs and juice

### HOME PLAY

**Praise your child. Hug, kiss, smile, and say, "Good for you!"**

 Have your child act out a favorite nursery rhyme.

### TEN THINGS EVERY CHILD NEEDS

 Interaction  Loving Touch  Stable Relationship  Safety and Health  Self Esteem  Quality Child Care  Communication  Play  Music  Reading