



# SUMMER PARENT HANDOUT



## CIRCLE TIME

### YOU ARE MY SUNSHINE Tune: Traditional

You are my sunshine, my only sunshine.  
You make me happy when skies are gray.  
You'll never know dear, how much I love you.  
Please don't take my sunshine away.

Pass out child sized sunglasses to children.

### SAND, SAND Rhythmic Chant

Sand, sand on my nose,  
Sand, sand on my toes,  
Sand, sand in my hair,  
Sand, sand everywhere!

Shake plastic bottle filled with sand and  
seashells to rhyme.

### BEACH BALL BOUNCE Group Movement Activity

Children and parents bounce colorful  
beach balls in a parachute. Keep  
parachute low to the floor so children  
can see the bouncing balls.

Play Beach Boys background music.

### SAND BOX FUN Messy Play

Children and parents play together at a  
sensory table filled with sand, buckets,  
shovels, and rakes. Children engage in  
fill and dump play.

## CREATIVE PLAY STATIONS

Free play with puzzles, playdoh, water blocks and bubbles

### SIDEWALK SCRIBBLE Creative Play

Children scribble on black construction  
paper with chalk. Use white and  
colored chalk in regular and sidewalk  
sizes. Label with child's name and take  
home.

### PICNIC TIME Language/Pretend Play

Children and parents go on a pretend  
picnic with a picnic basket and picnic  
play foods. Label food items.

### BUBBLES GALORE Active Play

Parents blow bubbles for children to  
pop. Provide a variety of types of  
bubble blowing wands. Encourage  
children to reach high and low and  
to jump on the bubbles.

## SNACK TIME

Peach "sun" with shredded carrot "rays" and water bottles

## HOME PLAY

**Praise your child. Hug, kiss, smile, and say, "Awesome!"**

Catch fireflies together with your child. Watch them glow then set them free.

## TEN THINGS EVERY CHILD NEEDS

- Interaction
- Loving Touch
- Stable Relationship
- Safety and Health
- Self Esteem
- Quality Child Care
- Communication
- Play
- Music
- Reading